Learning Conversation Notes	
Name of Partner: UCCE	Date: February 16, 2006
Nutrition Education and Literacy Program	
Parent Workshops:	
Total # Children Served – 218	Total # Parents Served – 196
Age Ranges 31 0 year 26 1 year 29 2 years 49 3 years 67 4 years 16 5years Gender 107 - Males 111- Females Ethnicity 105 - Caucasian 001 - African Amer. 111 - Hispanic	Gender 682 - Males 624 - Females Ethnicity 103- Caucasian 2 - African Amer. 91 - Hispanic
Provider Workshops:	
Total # of Children Served – 218	Total # of Parents served - 38
Age Ranges 2 0 year 0 1 year 13 2 years 489 3 years 770 4 years 32 5 years Gender 107 - Males 111- Females	Gender 2 - Males 36- Females Ethnicity 27- Caucasian 3 - African Amer. 6 - Hispanic 2 - Asian
Ethnicity 1167 - Caucasian 24 - African Amer. 87 - Hispanic 6 - American Indian 22 - Asian	

Community Events:	
Total # of Children Served – 273	Total # of Parents served - 514
Age Ranges	Gender
8 0 year	105 - Males
17 1 year 38 2 years	409 - Females
65 3 years	Ethnicity
78 4 years	374- Caucasian
67 5years	19 - African Amer.
-	75 - Hispanic
Gender	36 - Asian
130 - Males	10 – American Indian
143- Females	
Ethnicity	
195 - Caucasian	
13 - African Amer.	
40 – Hispanic	
6 - American Indian	
19 - Asian Meetings and Other Contacts:	
Wittings and Other Contacts.	
Total # of Adult Contacts - 229	
Gender	
43 - Males	
186 - Females	
Ethnicity	
207- Caucasian	
9 - African Amer.	
8 - Hispanic	

1 – American Indian

4 - Asian

When Served: July 1, 2005 to present

Conversation Participants: Paula Anderson, Sharon Junge, Don Ferretti, Nancy Baggett, Janice Critchlow, Janey Crider

Outcomes:

- Maintain healthy lifestyles (sound nutrition, and exercise) resulting in healthy children
- Have improved literacy knowledge and skills so that their children will be ready for school.
- Have on-going, easy access to up to date information and professional expertise relating to nutrition and literacy issues independent of First 5 funding.

Performance Measures:

- Demographics (number of 0-5 served by gender, age, and when services were provided).
- Pre and post workshop surveys results.
- Pictures and anecdotal stories that address the nutrition and literacy outcomes.
- A plan to sustain easy access to up to date information and professional expertise relating to nutrition and literacy issues independent of First 5 funding.

What is this data telling us about achievement of outcomes?

Post-survey indicates parents are reading more to their children.

Approximately 50% of 75 surveys were returned.

There are more men participating in the workshops, childcare provider trainings, and events than seen previously.

Let's Read Together Workshops

90% of parents indicated they "talk" to their children more after attending the workshop, other than just telling their children to get dressed, come to dinner etc.

After attending the workshops, an overwhelming number of parents are more comfortable reading to their children.

Overall, parents' confidence has increased after attending the workshops, and they are more comfortable sitting down and reading with their children.

Photos indicate that parents were really engaged in the activities, which increases their enthusiasm and likelihood they will continue with these activities at home.

Photos indicate that through workshops parents realize they have access to materials that are inexpensive and regular household items that they can turn into fun recreational learning tools. For example toys made out of paper bags, paper towel tubes decorated with masking tape, baggies, paper plates, etc.

Parent workshops allow the parents to learn how to interact with their children through modeling, and using age appropriate activities.

Off to a Good Start – School Readiness

Parents find the Kindergarten Check List is a very helpful tool to assess their child's skills and abilities in relation to school readiness. This is distributed in the first of seven workshops so parents can come back and ask questions. This tool is also provided in Spanish for the Hispanic community.

Photos indicate parents are increasing their school readiness skills through activities which speak directly to the outcome of parents increasing their knowledge and children being ready for school.

330 providers and professionals have received the newsletter via mail or online and 1,965 brochures have been distributed to help sustain the message beyond the workshops. Additionally, there has been an average of 1500 hits (up 300 hits) per month on the Ready to Succeed Web Site.

In what ways will we apply what we have learned from our data?

Off To A Good Start

Using the Kindergarten Check List as a learning tool for the parents is effective and should continue to be distributed at the first session of the seven series workshop.

Other points that were made during the conversation:

There were a lot of parents with infants that participated in the parent workshops.

It has been typical with this program to serve more male children in preschool than female children.

Workshops were provided in all areas of the county from Kings Beach to Roseville.

Many dads are now participating in a number of events. Location may have an influence on whether dads attend. For example, the Galleria is a non-intimidating location for men.

Ready to Succeed

Workshops will move to incorporate more early writing (scribbling) exercises.

It is encouraging to see parents attending the workshops who are not first time parents.

Next Steps:

Off To A Good Start

Workshops will be given at 2 schools in Lincoln with a Hispanic population. When doing a follow up survey with Hispanic families it is important to look at a strategy to get the follow-up data back from the parents. Maybe use the translator to take a phone survey.

Nutrition

Due to the coordinator being on maternity leave and the director on sabbatical leave, data for the nutrition program will be reviewed with the coordinator in a separate learning conversation during the summer.

Next learning conversation will be in February, 2007.